



CALL TO ACTION:

Keep Student Athletes Safe in Your Community

- Ensure that youth athletes have access to health care professionals who are qualified to make assessments and decisions.
- Educate your family about the symptoms of musculoskeletal and neurological injuries (concussion, heat illness, ACL injuries).
- Ensure pre-participation exams take place before play begins.
- Ensure sports equipment and playing surfaces are checked for safety and best conditions.

Advocate for Youth Athlete Safety

- Write and tweet your federal legislators, expressing your support of H. Res. 112 and S. Res. 83.
- Support further research into youth sports injuries, mental health and their effects.

Join the Youth Sports Safety Alliance (YSSA)

- Take a stand by joining the Alliance. Details on how to join are available at www.youthsportssafetyalliance.org.

Stay Connected

- Follow us on Facebook & Twitter (@YSSAlliance).
- While at the Summit use #YouthSportsSafety